

# TAKE TIME

MEDI-SPA NEWS – The newsletter of Infinity Skin Care & Spa, by Kimberly K. Schulz, MD, Dermatologist, **Fall 2008**



# Celebrate Fall

My, how we've grown! Six years ago when I opened Town Square Dermatology my intention was to build a "Family Dermatology Practice." I envisioned a practice where the goal was to provide quality dermatologic care to my patients while keeping my office hours limited to a schedule favorable for working parents (myself and most of my staff). Simultaneously, we've created one of the largest and most successful group practices in the state, complete with a world-class medical spa. Our growth and success has been a direct result of our patients' desire for complete and quality skin care and cosmetic services. Our patients know that their skin's health is our first concern and our training and expertise are second to none! And guess what? We've managed to keep our "Family Dermatology Practice" attitude. We've welcomed 12 new babies into the world amongst our staff since 2002!

Schedule your fall treatment and stop by our Open House to celebrate our comprehensive cosmetic dermatology services. These include the new StarLux<sup>®</sup> Laser and Pulsed Light System and ThermoCool NXT for even better tissue tightening with Thermage! Check out our new products that have arrived just in time for the holidays. We'll continue to bring you the latest in skin care science with products and procedures that provide both safety and results. Here's to fall! Here's to beautiful skin! ~ Dr. Schulz



Since our opening in 2002, our staff has welcomed 12 babies to the world.

## IN THIS ISSUE

### Holiday Open House

Join us for *the can't miss* event of the holiday season Thursday, November 13th (3:00pm – 8:00pm). Raffle prizes, special discounts and refreshments.

### Breakthrough Skin Care Line: Neocutis

Learn how this cutting edge product can help diminish wrinkles.

### Say Goodbye to Brown Spots

Find out what treatments really work on face, hands and arms.

### Introducing the new ThermoCool NXT

Turn back the clock while Thermage tightens, tones and stimulates collagen growth, all without surgery or downtime.

### Try our new Palomar StarLux Laser & Pulsed Light System!

Perfect for treating unwanted dark hair, sun spots, facial vessels and vascular lesions.



**Kimberly K. Schulz, MD**  
Certified by the American Board of Dermatology

**\$50.00 OFF**  
**Your First StarLux**  
**Laser or Pulsed Light**  
**Treatment**

Must present this coupon at time of service to redeem savings. May not be used with any other offer.

Expires 11/30/08

## Palomar StarLux® Laser and Pulsed Light System

We are excited to announce the arrival of the Palomar StarLux® Laser and Pulsed Light System at Infinity! We have enjoyed excellent results with all of our previous Palomar IPL systems but the new Starlux offers even more power and performance for addressing many skin concerns including:

- ✓ unwanted dark hair (Fig. A)
- ✓ brown spots/sun spots on any skin surface
- ✓ facial vessels and redness
- ✓ vascular lesions (Fig. B)

StarLux treatments are safe, comfortable and very effective. All skin types can be treated, from the fairest to the darkest complexions. If

you or someone you know would like to learn more about our StarLux aesthetic treatments, please call to schedule a consultation today and save \$50.00 for a limited time!



## NOVEMBER / DECEMBER

**Featured Products:**  
**Neocutis & SkinMedica**  
**Holiday Gift Sets, complete**  
**with beautifully beaded**  
**gift bags!**

**Neocutis Gift Sets:**  
Journée, Hyalis and Lumière  
on sale for \$199 **(save \$46)**

Bio-Cream, Hyalis, Lumière,  
and Journée on sale for  
\$299.00 **(save \$76)**

Bio-Gel, Hyalis, Lumière  
and Journée on sale for  
\$315.00 **(save \$80)**

**SkinMedica Gift Set:**  
TNS Essential Serum,  
Retinol and TNS Line Refine  
for \$315.00 **(save \$55)**



# NEOCUTIS

## Breakthrough Skin Care Line

Who wants more collagen in their skin? You do! Here's how to get it with a product line that really delivers!

Through years of research, physicians discovered fetal skin has a unique ability to heal wounds without scarring. Inspired by this, medical researchers at the University Hospital of Lausanne, Switzerland created a biotechnology process to extract the rich proteins responsible for scarless wound healing from cultured fetal skin cells. A dedicated cell bank was established for developing new skin treatments using a single biopsy of fetal skin.

Originally established for wound healing and burn treatments, today this same cell bank also provides a lasting supply of cells for producing NEOCUTIS' proprietary skin care ingredient: Processed Skin Cell Proteins (PSP®).

PSP® provides the most complete and balanced combination of human growth factors and cytokines currently available for stimulating fibroblasts, producing collagen and improving wrinkles and texture.

After only two months of twice daily use of Bio-restorative Skin Cream with PSP™, 83% of subjects showed improved appearance of wrinkles in the eye area and 50% of subjects showed an improved appearance of wrinkles in the mouth area.

Recently, a large clinical study with LUMIÈRE Bio-restorative Eye Cream was completed. The study demonstrated that LUMIÈRE helps to significantly reduce the signs of aged and stressed skin around the eye after six weeks of twice daily use.

Dr. Schulz uses Lumiere eye cream twice daily, Journee each morning and Bio-restorative cream each evening. See for yourself what NEOCUTIS products can do for you! Product line includes:

- LUMIÈRE Bio-Restorative Eye Cream
- JOURNÉE Day Cream
- NEOCUTIS Bio-Restorative Skin Cream



# "Bye-Bye"

## B R O W N S P O T S

Brown spots. They come in all shapes and sizes. But, no matter how many or where, they signal aging, damaged skin. So, if you're one of the millions of Americans with brown spots, where do you start? Do you have just a few? Make an appointment with the physicians at Town Square Dermatology. If you have a few large spots, they need to be evaluated to be certain that they aren't malignant before they are treated. Your physician can then treat all benign brown spots with cryotherapy, a treatment that uses liquid nitrogen to freeze the spot and allow it to peel off in about a week. One treatment is usually all that is required although a second treatment is sometimes necessary.

Do you have many small spots? Schedule a "photofacial" at Infinity! This is an IPL (intense pulsed light) procedure that treats both brown spots and vessels on any sun exposed skin surface. Four treatments approximately every 2-4 weeks will dramatically lighten and remove brown spots.

Do you have spots and wrinkles? Schedule a series of four Fraxel treatments to completely rejuvenate your upper layers of skin. Fraxel will give you the even complexion you've been hoping for while buffing out fine lines, wrinkles and acne scars!

Maintain your results with daily sunscreen use and regular chemical peels or microdermabrasion. By increasing the cellular turnover of your skin you'll dramatically decrease the accumulation of pigment in your skin. These non-invasive treatments will keep your skin luminous and smooth!



This patient's brown spots were treated using a series of IPL treatments. Notice the improvement in tone, texture and diminished brown spots.

## Turn Back the Clock!

See before and after images at [www.thermage.com](http://www.thermage.com)

# Thermage for Skin Tightening

Never before has the Thermage procedure been so amazingly effective at tightening and contouring skin. The clear leader in radiofrequency technology, the newest ThermoCool NXT system was recently added at Infinity! Thermage is a safe, clinically proven way to tighten and contour skin, with improvements in tone, contour, and texture occurring naturally through the stimulation of your own collagen.

Thermage is completely non-invasive: no surgery, no injections, no downtime. A single treatment tightens your existing collagen and stimulates new collagen growth. Improvements are both immediately visible and continue up to six months. Results can last for years depending on your skin condition and aging process. The Thermage procedure is available only

in the offices of qualified physicians who specialize in cosmetic procedures. The procedure itself is normally done as a single treatment that takes from 20 minutes to two hours depending on the treatment area. Thermage works on all skin types and tones. With treatments for face, eyelids, neck, tummy, buttocks and thighs, the ThermoCool NXT offers the newest generation of tissue tightening procedures!

If you no longer recognize the face looking back at you in the mirror, it's time to talk to Dr. Schulz, a certified Thermage physician, and learn how Thermage can help you look as young as you feel.

**We are now offering a special Thermage Rejuvenation Package! Call today for details!**



## Clarisonic MD Update: A Brush Head for Every Skin Type

You've discovered the benefits of Clarisonic® MD, now learn how to get the most out of your Clarisonic MD brush heads:

- Brush heads are effective for use on the face and body.
- We recommend replacing your Clarisonic brush head every 3-4 months.
- Each brush includes a new travel cap.
- You need a different brush head for everyone in your family.
- All brushes are non-porous and bacteria resistant.
- All brushes are \$25.00.

**Normal (gray)** – Perfect for most skin types and great for use on keratosis pilaris, those plugged pores and bumps on the upper arms.

**Sensitive (white)** - If you have sensitive skin this soft brush is a good place to start.

**Delicate (blue)** – This ultra-soft brush head is ideal for those with very delicate skin or irritated skin.

**Want to find out more about Clarisonic MD? Stop by our medi-spa and speak to one of our licensed estheticians today.**



# HOLIDAY Open House

Thursday, November 13th (3pm-8pm)

Please join us for our annual Holiday Open House and take advantage of our gift baskets, gift certificates, giveaways and holiday specials! This has proven to be a "not to be missed" event! Mark your calendars and don't miss out!

## Welcome Robyn Gubler to the Infinity Staff!

Robyn is a medical assistant and licensed Esthetician from Utah. She joined our Infinity Team in the spring of 2008, but has been practicing Esthetics and performing laser procedures alongside a Dermatologist since 2006. Here at Infinity she provides esthetic services as well as working with Dr. Schulz performing Fraxel and IPL. It is rewarding for her to help patients achieve their goals. In her free time she enjoys running, cooking and spending time with her husband.



### MENU OF SERVICES:

#### Beautiful Skin Starts Here

- FRAXEL LASER RESURFACING
- BOTOX®
- FILLERS (Restylane® Perlane® Juvederm® Radiesse®)
- PALOMAR STARLUX LASER & PULSED LIGHT SYSTEM!
- THERMAGE NON-SURGICAL SKIN LIFT
- MICRODERMABRASION
- CHEMICAL PEELS
- FACIALS
- MASSAGE
- WRAPS

### HOURS OF OPERATION:

Monday, Friday (9am-5pm)

Saturday (9am-3pm)

Tuesday, Wednesday, Thursday (9am-8pm)

*Teach your children to appreciate their skin! Be a good example and wear sunscreen every day, even when it's cloudy outside!*



1100 Sixth Street  
Suite 200  
Coralville, Iowa 52241  
[P] 319-337-5355  
[www.infinityskincareandspa.com](http://www.infinityskincareandspa.com)

